# **AUTHOR BIO: Carolyn Newcomer**

Carolyn has been a mom for over sixteen years, raised her three children with her husband of twenty years. Through the years she has become a renowned expert and authority on vomiting issues. Embarking on a new family adventure every year has provided a host of unending story lines.

### **Author's Education:**

Carolyn holds a Bachelor of Science in Finance from Chico State University as well as an Interior Design degree from Canada College.



## **Author's Professional and Community Activities:**

Carolyn is a popular public speaker, including professional, career, school, and civic speaking venues. She has earned various leadership awards through her Juice Plus business, is a proud member of The Bodacious Bicycling Babes of El Dorado Hills (featured in nationwide Bicycling Magazine- March 2006). She has completed several charitable rides including the MS 150, America's Most Beautiful for Leukemia Research and most recently Breathe California (aka: American Lung Association).

### **Author's Publishing Activities:**

Barf's First Flight: Lessons in Helping Others, is Carolyn's first release of the "The Adventures of a Barf Bag" book series. Her passion is to give parents tools that help them teach children to be kind, helpful, and compassionate. Carolyn believes that kids are more likely to take instruction from the humorous characters in her books.

## **Author Contact and Marketing Materials:**

Carolyn can be reached through her web site www.barfsbooks.com, or through her publisher at marketing@publishersdesign.com or by phone at 916.784.0500.

For more marketing materials, files can be downloaded from the publisher's web site at: www.publishersdesign.com/books/barf